



Snacks

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chorizo Feta Pepper							✓							
Calarmari		✓		✓			✓	✓						
Beef Cheeks		✓		✓										
Haloumi		✓					✓						✓	✓
Flatbread		✓					✓							
Pork Belly	✓	✓							✓		✓		✓	✓

Garlic Mushrooms

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Garlic Mushrooms					✓									
Sourdough		✓											✓	
Binham Blue					✓									

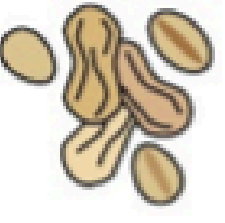
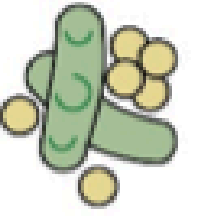
Chicken Wings

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Wings & Sauce		✓											✓	

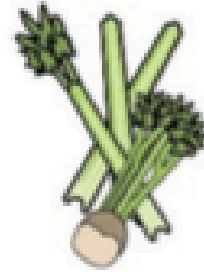

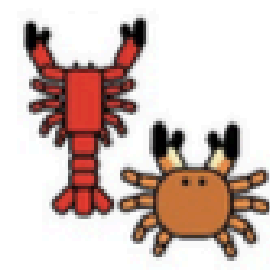
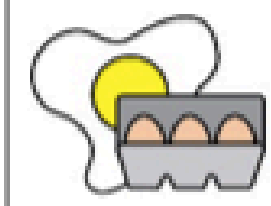
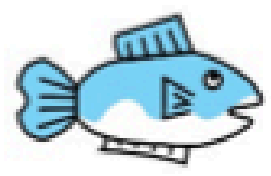




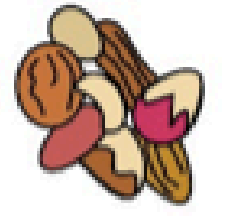
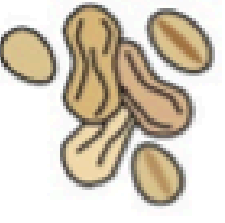
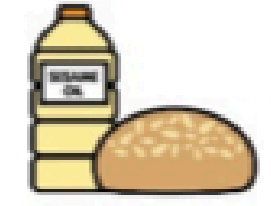
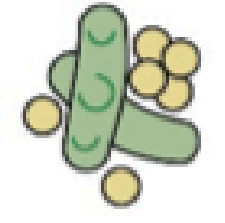

Chilli Beef

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Beef and Sauce		✓											✓	
Salad														
Coriander														
Pickled Cucumber														✓

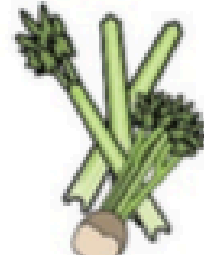
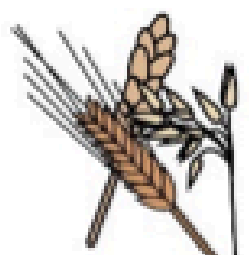
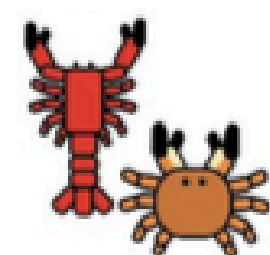
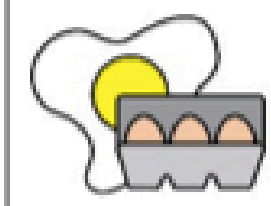
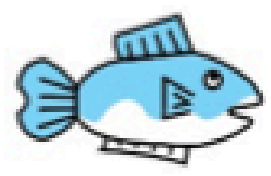




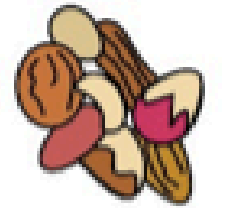

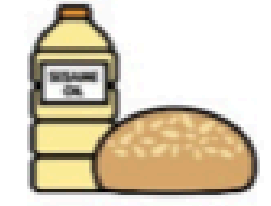
Mussels

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Mussels							✓	✓						
Bread		✓												

Tempura King Prawns

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
King Prawns		✓	✓											
Sweet Chilli														

Chicken Pie

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pie		✓					✓							
Mash							✓							
Gravy		✓					May Contain		May Contain				May Contain	
Fine Beans							✓							

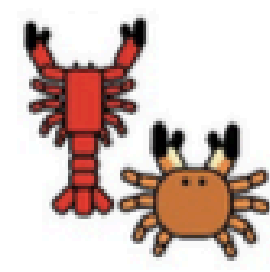
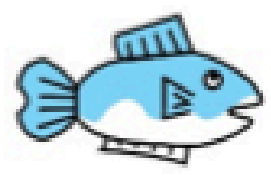
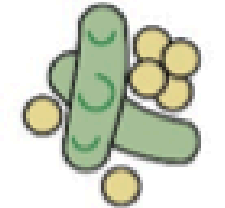
Pork Chop

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pork Chop														
Bubble & Squeak							✓							
Broccoli							✓							
Gravy		✓												

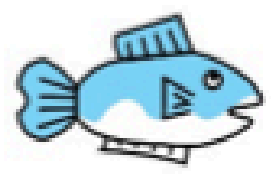



Cod Loin - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Cod Loin					✓		✓							
Dauphinoise							✓							
Samphire							✓							
Curry Butter							✓							

Fish and Chips - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Battered Haddock		✓			✓									✓
Chips		Same Fryer												
Mushy Peas							✓							

Sirloin Steak - Main


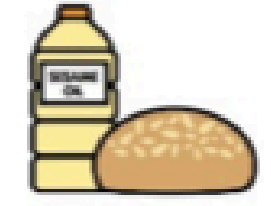
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Steak														
Chips		✓ *Fryers												
Peppercorn Sauce		✓					✓		May Contain				May Contain	✓

Beef Burger - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Beef Burger														
Bun		✓		✓			✓						✓	
Cheese							✓							
Salad														
BBQ Sauce														
Mayo				✓										
Crispy Onions		✓												
Chips		✓												

*Fryers

Mussels - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Mussels							✓	✓						
Bread		✓											✓	
Fries		✓												
		*Fryers												

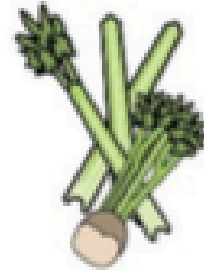

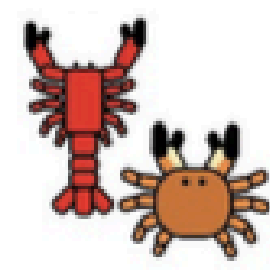
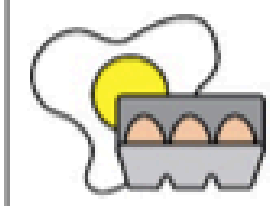
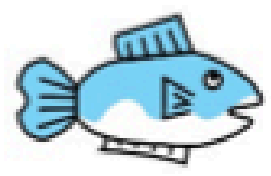




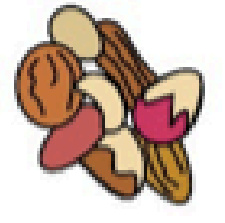
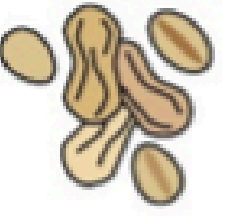
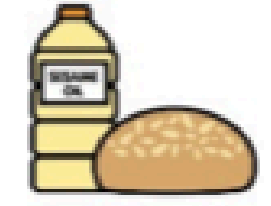
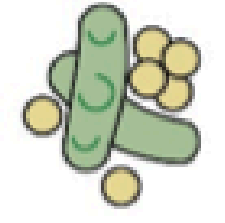

Fishcake - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Fishcake		✓	✓	✓	✓		✓							
Poached Egg				✓										
Hollandaise				✓			✓							
Salad														

Mushroom Tagliatelle - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pasta		✓					✓							
Vegetarian Cheese							✓							

Red Thai Curry - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Basmati Rice														
Red Thai Curry			✓											

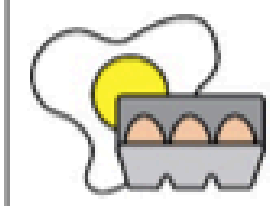
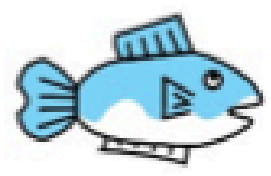




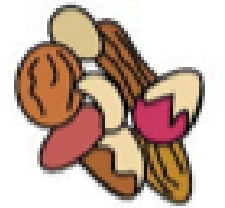
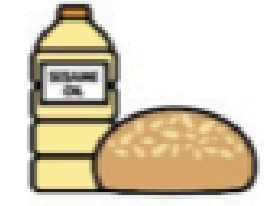
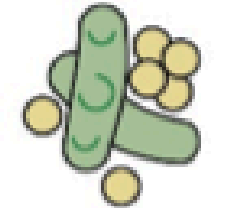

Mushroom Burger - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Bun		✓		✓			✓						✓	
Mushroom Patty		✓		✓			✓							
Garlic Mayo				✓										
Binham Blue							✓							
Salad														
Crispy Onions		✓												
Sweet Potato Fries		✓												

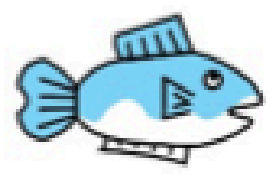


Sides

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chips		✓												
Sweet Potato Fries		✓												
Side Salad		✓												
Onion Rings														✓

Nemesis - Dessert

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Nemesis				✓			✓						✓	
Honeycomb														
White Chocolate							✓						✓	
IceCream				✓			✓							

Pannacotta - Dessert

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pannacotta							✓							
Meringue				✓										
Raspberries														

Lemon Posset - Dessert

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Posset							✓							
Berry Compote														
Shortbread		✓					✓							

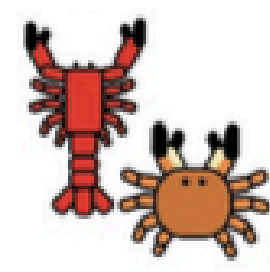
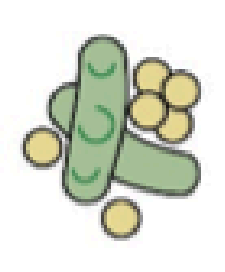

Treacle Tart - Dessert

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Tart		✓		✓			✓							
Vanilla Ice Cream				✓			✓							

Cheese Board - Dessert

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Cheese							✓							
Chutney	✓								✓					✓
Crackers		✓		✓			✓							

Sunday Roast

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Roast Meat														
Roast Potatoes														
Yorkshire Pudding		✓		✓			✓							
Gravy		✓							✓					✓
Cauliflower Cheese		✓					✓							
Mixed Vegetables							✓							
Puree							✓							
Nut Roast		✓		✓			✓		✓	✓	✓			✓

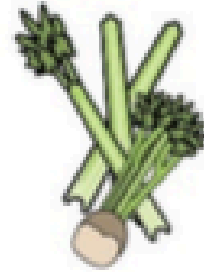

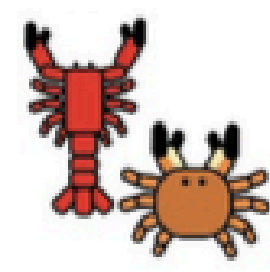
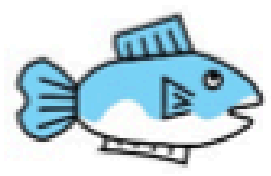





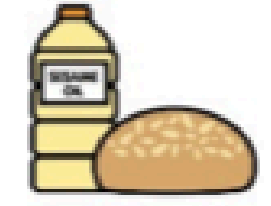
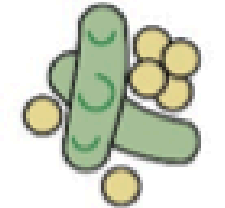

Sandwiches

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
BLT		✓		✓			✓						✓	
Prawn		✓	✓	✓			✓						✓	
Falafel		✓		✓			✓					✓	✓	
Ham and Mustard		✓		✓			✓		✓				✓	
Fish Finger		✓		✓	✓		✓						✓	✓

Kids Spaghetti - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Spaghetti		✓		✓										
Sauce	✓								✓					✓
Garlic Bread		✓		✓			✓							

Kids Fish - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Fish					✓									
Batter		✓												✓
Chips														
Peas														




Kids Burger - Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Burger														
Bun		✓		✓			✓							
Cheese							✓							
Beans														
Fries														

Kids Sandwich- Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Jam Sandwich		✓		✓			✓						✓	
Cheese Sandwich		✓		✓			✓						✓	
Veg Sticks														
Crisps														

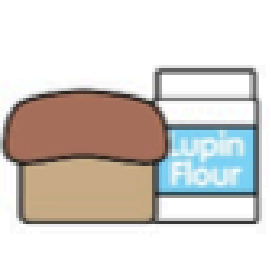
Kids Hotdog- Main

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Bun		✓		✓			✓						✓	
Hotdog		✓												
Fries		✓ *Fryers												




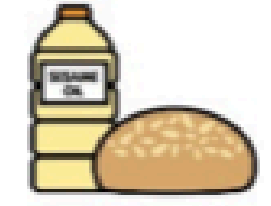
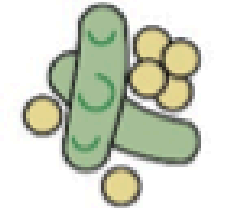
Kids Brownie - Desserts

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Brownie		✓		✓			✓							
Ice Cream				✓			✓							
Cream							✓							
Marshmallows				✓										

Kids Sundae - Desserts

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Ice Cream				✓			✓							
Waffer		✓												
Sauce							✓						✓	
Cream							✓							

Full English - Breakfast

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Bacon														
Sausage		✓												
Egg				✓			✓							
Beans														
Black Pudding	✓	✓							✓					
Mushroom														
Tomato														
Hash Brown														

Breakfast

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Eggs Florentine		✓		✓			✓							
Eggs Royal		✓		✓	✓		✓							

